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Tuesday, October 8, 2019 metro.us | t: MetroNewYork | f: MetroNewYork



Adam Gase in over his head as Jets head coach: Pantorno. 20

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WILCO

John Stirratt on the band's studio experimentation and being on the road for the first time since 2017. 15

Booze & Brews: Getting buzzed with bubble tea. 16

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Things got a little messy yesterday as thousands of environmental activists turned out in cities around the world to demand immediate action on climate change. 2



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NYC sending support to Chinatown's homeless. 4

Taste Essex Market treats, sip on Maker's Mark cocktails and save the ocean at this pop-up event. 17



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1 THINGS TO KNOW

Climate protesters block streets around the world.

Thousands of climate-change protesters took to the streets in cities around the world on Monday, launching two weeks of peaceful civil disobedience to demand immediate action to cut carbon emissions and avert an ecological disaster.

In London, police arrested 217 activists from the Extinction Rebellion group as they blocked bridges and roads in the city center, and glued themselves to cars, while protesters in Berlin halted traffic at the Victory Column roundabout.

4K

By midday, the Berlin protest had swelled to 4,000 people

Dutch police stepped in to arrest more than 100 climate activists blocking a street in front of the country's national museum and there were similar protests in Austria, Australia, France, Spain and New Zealand.

"SORRY that we blocked the road, but this is an emergency," declared placards held by activists in Amsterdam.

In New York's financial district, protesters spattered the Wall Street

'Sorry, this is an emergency'



Environmental activists rally for action against climate change around the Wall Street Bull in the Financial District.

GETTY IMAGES

Bull and themselves with fake blood and lay prone around the sculpture to evoke their fears of a deadly environmental catastrophe.

The protests are the latest stage in a global campaign for tougher and swifter steps against climate change coordinated by Extinction Rebellion, which rose to prominence in April when it snarled traffic in central London for 11 days.

Last month, millions of young people flooded onto the streets of cities around the world, inspired to take action by 16-year-old Swedish activist Greta Thunberg.

Extinction Rebellion says it expects peaceful protests over the next two weeks in more than 60 cities from New Delhi to New York calling on governments to reduce greenhouse gas emissions to net zero by 2025 and halt a loss of biodiversity.

Banging drums and chanting, protesters in London took over Trafalgar Square and marched down the Mall, the avenue that leads to Buckingham Palace. They carried banners with slogans including "Climate change denies our children a future unless we act now".

"We're here because the government is not

"The climate crisis is not being taken seriously enough by politics, and also not by the companies. That's why I joined."

Christiaan, Demonstrator

doing enough on the climate emergency," protester Lizzy Mansfield said. "We only get one planet and so we're here to try and defend it."

Police chiefs said last week they would mobilize thousands of officers to handle the protests in London and that anyone

who broke the law, even as part of non-violent civil disobedience, would be arrested.

On Saturday, officers used a battering ram to enter a building in south London where activists had been storing materials to use during the protests. Eight people were

arrested during the raid.

Defying almost freezing temperatures in Berlin, activists singing "Solid as a rock, rooted as a tree" gathered at dawn at the Victory Column roundabout near Tiergarten park.

At sunrise, some were sleeping in insulated bags in the middle of the roundabout as police on motorbikes drove by. No arrests were made and the protest remained peaceful.

By midday, the protest had swelled to 4,000 people, a policeman said, and a second main roundabout was also blocked by activists sitting in the middle of the road.

Police began removing chanting protesters from Berlin's Potsdamer Platz later in the day after they had occupied the central artery for much of the day, singing, making speeches and fashioning a makeshift camp out of salvaged armchairs and tents.

With events like extreme weather, thawing permafrost and a sea-level rise unfolding much faster than expected, scientists say the urgency of the climate crisis has intensified since the signing in 2015 of the Paris accord on curbing global warming.

Nearly 70 countries announced plans at a U.N. climate action summit last month to beef up their Paris pledges, but most major economies including the United States and China failed to announce stronger new measures. REUTERS

Nobel Medicine Prize won for cell oxygen response

2 Two Americans and a Briton won the 2019 Nobel Medicine Prize on Monday for discovering a molecular switch that regulates how cells adapt to fluctuating oxygen levels, opening up new approaches to treating heart failure, anaemia and cancer. William Kaelin at the U.S. Dana-Farber Cancer Institute and Harvard Medical School said he was overwhelmed to get a pre-dawn call to say he

and two other doctors, Gregg Semenza of Johns Hopkins University and Peter Ratcliffe of Oxford University, had won the 9-million Swedish-crown (\$913,000) prize. "I don't usually get phone calls at 5 a.m., but I knew this was 'Nobel Monday', so it was either going to be a poorly timed mobile call or extremely good news," he told Reuters by telephone. "My heart started racing. It was almost surreal." REUTERS

Two school districts sue Juul over vaping 'epidemic'

3 Two public school districts on Monday sued Juul Labs Inc, accusing the company of endangering their students and draining their resources by marketing its addictive e-cigarettes to teenagers. The St. Charles, Missouri, and Olathe, Kansas, public school systems appeared to be the first school districts to join the rising wave of litigation against Juul. Juul did not immediately respond to a

request for comment. As a result of "youth-targeted product design and marketing, and years of misstatements and omissions regarding its products, Juul succeeded in addicting a generation of youth to nicotine," the St. Charles district said in its lawsuit, which was filed in federal court in St. Louis. The Olathe district, similarly accused the company of creating a nationwide "epidemic of vaping".

REUTERS

U.S., Australia bolster police ties on 2016 election probe

4 The United States and Australia said Monday they would work to bolster law enforcement ties as the two countries are separately cooperating on a politically charged probe examining whether U.S. officials overstepped when they investigated Donald Trump's 2016 presidential campaign. U.S. Attorney General William Barr and Australian Minister for Home Affairs Peter Dutton met in Washington to begin negotiating an

agreement that would enable police to obtain faster access to electronic evidence in the other country. U.S. officials are also working on a similar agreement with the European Commission, the European Union's executive branch, according to the U.S. Department of Justice. Trump and his allies charge, without evidence, that the investigation was a politically motivated attempt to hurt his political prospects.

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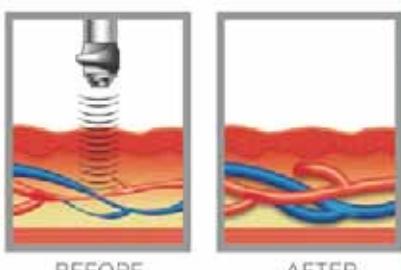
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NEWS

"What happened over the weekend shakes the conscience of who we are as New Yorkers," said Mayor de Blasio.



BECCA
GLASSER-BAKER

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New York City is deploying additional resources and outreach to help support the homeless population in Chinatown.

Mayor de Blasio announced Monday that city officials are planning on providing additional social services and increasing security in the area. The decision comes days after a local man went on a killing spree in Chinatown, targeting and killing four homeless people, beating them to death with a pipe as they

NYC steps up homeless outreach in Chinatown

slept. A fifth victim survived, and was taken to a hospital for treatment.

"What happened over the weekend shakes the conscience of who we are as New Yorkers," de Blasio said. "We are sending experts to the neighborhood to provide support during this difficult time, and will continue to assess how to prevent tragedies like this from happening in the future."

Randy Santos, 24, was arrested Saturday and charged with four counts of murder, one count of attempted murder and one count of unlawful possession of marijuana, said New York City Police Department spokesman Martin Brown. The motive for the gruesome attacks is unknown.

Wellington Chen, Executive Director of the Chinatown Partnership, said in a press release, "As New Yorkers, we are deeply saddened and

shaken to the core by the senseless brutal killing of fellow human beings on the streets of Chinatown. It once again highlights the importance of mental health and the need for proper diagnosis and treatment to deal with serious deep-seated issues. We exist to help one another, let the process and the healing begin."

To help protect the homeless community, New York is dispatching mental health outreach teams via the Department of Health and Thrive to the Chinatown area. Additionally, NYPD has deployed additional officers to the area.

The homeless outreach will be increased as well. HOME-STAT teams will help engage homeless individuals and see what underlying issues caused them to be on the street and help them transition off the street.

State Senator Brian

Kavanagh said in a press release that, "This is a cruel tragedy and a sad, terrible reminder that far too many people are living on our streets."

Kavanagh added, "New York City is facing a homelessness crisis, a horrible effect of many of our society's failings and inhumanities. I commend Mayor Bill de Blasio for promptly committing additional resources to the Chinatown area. In the coming days, we will be assessing what more can be done locally. And throughout New York, we must redouble our efforts to provide housing and shelter and to get people the help they need with substance abuse, health, and mental health problems—all of which can be a contributing cause to homelessness and can be exacerbated by not having a stable place to live. I will work diligently with



Mourners visit a makeshift memorial for four homeless men who were murdered in Chinatown over the weekend. GETTY IMAGES

A press release states that these teams have access to:

- Licensed clinicians who work with clients on the streets, provide ongoing case management and assess each individual for immediate risk/crisis during each encounter
- Psychiatrists who perform psychiatric evaluations on the streets, as needed, helping understand and how better to meet the individual needs of each homeless New Yorker
- Substance use resources, including the ability to immediately connect individuals to detox and other rehabilitation programs—and are trained in naloxone administration

my colleagues in city and state government to find better solutions."

Turn to page 8 for more on NYC's homeless population.

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Judge's order releasing Trump's tax returns and blasting 'repugnant' immunity claim put on hold

The president is fighting to keep his finances private, despite his 2016 promise.

A federal judge on Monday said eight years of U.S. President Donald Trump's tax returns must be provided to Manhattan prosecutors, forcefully rejecting the president's argument that he was immune from criminal investigations.

Trump's returns will not be turned over immediately, after the 2nd U.S. Circuit Court of Appeals in Manhattan granted the president's request to temporarily block the order, handed down by U.S. District Judge Victor Marrero.

The Manhattan judge had called the immunity claim "repugnant to the nation's governmental structure and constitutional values," and said he could not "square a vision of presidential immunity that would place the President above the law."

His 75-page decision complicates Trump's battle to keep his finances under wraps, despite having promised during his 2016 White House run that he would disclose his tax returns.

Manhattan District Attorney Cyrus Vance, a Democrat, had subpoenaed personal and corporate tax returns from 2011 to 2018 and other records from Trump's longtime accounting firm Mazars USA.

The subpoena was part of Vance's criminal probe into the Republican president and his family business.

Marrero's decision would have forced Mazars to start turning over documents on Monday afternoon, but the appeals court said the case had "unique issues," justifying a delay.

An appeal could be heard as soon as this month. Trump has not been accused of criminal wrongdoing.

Two committees of the Democratic-controlled



Manhattan DA Cyrus Vance and Pres. Trump have been locked in a bitter conflict over release of the president's tax returns. REUTERS

U.S. House of Representatives have separately subpoenaed Deutsche Bank AG for Trump's financial records, which include tax returns.

"The Radical Left Democrats have failed on all fronts, so now they are pushing local New York City and State Democrat prosecutors to go get President Trump," Trump tweeted after Marrero's decision. "A thing like this has never happened to any President before. Not even close!"

[The immunity claim is] repugnant to the nation's governmental structure..."

Judge Marrero

In suing Vance last month to block his subpoena, Trump said he was immune from criminal probes while in the White House and that the U.S. Constitution required

Vance to wait. Marrero's decision required Vance to wait.

The Constitution does not say whether sitting presidents can be indicted, and the Supreme Court has not decided the issue.

Federal prosecutors cannot charge sitting presidents because presi-

dents have temporary immunity, according to the Department of Justice, but that does not block criminal probes by state-level prosecutors like Vance or even federal prosecutors.

"It's uncharted legal terrain," Jens David Ohlin, vice dean at Cornell Law School, said in an interview. "If the framers of the Constitution desired a president who was completely immune from all forms of criminal prosecution, they would have said so," he added. "The counterargument is that the Constitution would prohibit it because it would infringe on the president's ability to govern the country."

Vance issued the subpoena four weeks after issuing another subpoena to the Trump Organization for records of hush money payments, including to two women prior to the 2016 election who said they had sexual relationships with Trump, which he denies.

Those payments were made to Stormy Daniels, a porn star whose real name is Stephanie Clifford, and former Playboy model Karen McDougal, with the involvement of Trump's now-imprisoned former lawyer Michael Cohen.

Trump is also trying to block the House subpoenas to Deutsche Bank and is awaiting a ruling from the 2nd Circuit. REUTERS

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The homeless population in the subway system is growing

There is a 20 percent increase in homelessness in the transport systems.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

The MTA recently announced that the homeless population in the city's subway systems has grown by more than 20 percent in the past year.

To help combat this issue, the MTA created a task force with the New York State Office of Temporary and Disability Assistance, the New York State Office of Mental Health, the New York State Department of Health, and the New York State Office of Alcoholism and Substance Abuse

Services. This task force investigated the issue of homelessness in the transit system.

Metropolitan Transportation Authority Managing Director Ronnie Hakim said in a press release that, "The MTA is working with our Task Force Partners to tackle homelessness in our system. Together, we have developed a series of immediate, comprehensive recommendations to address this issue head on and ensure vulnerable New Yorkers have access to the support they need. We will continue to work day and night to keep New Yorkers and our system safe."

As part of this effort, the state gave a \$20 billion and five-year investment to help support homeless services, such as



A person sleeps on the ground at a NYC subway station.

FILE PHOTO

100,000 affordable housing units and 6,000 units of supportive housing. So far, the funding has been used towards 5,500 units of supportive housing, and 3,700 are currently being built. Additionally, 1,000 of these units are already operational.

Besides focusing on creating housing, the task force has also offered other recommendations going forward. According to officials, these include:

- Enhanced outreach and expanded oversight of New York City

outreach efforts. On an emergency basis, OTDA will continue to mobilize teams to deliver enhanced homeless outreach within the transit system, and require the New York City Department of Homeless Services (DHS) to enhance its existing homeless services on a permanent basis to better address the needs of those who are inappropriately seeking shelter in the transit system. OTDA will continuously evaluate the need to provide direct services, and will stop providing them when the situation has improved

and can be sustained by DHS alone. OTDA will regularly review and monitor DHS' enhanced efforts to ensure they are adequately serving the population, holding DHS and its contractors to strict performance standards.

- **Expanded police force.** The MTA will grow its police force by more than half to keep the transportation system safe and secure. A portion of this expanded force will support the outreach efforts to help those in need access shelter or other services.

- **Oversight by MTA Inspector General.** It is recommended the MTA Inspector General oversee and evaluate the implementation of these recommendations and other related efforts on a regular basis. This will maximize transparency, improve outcomes and verify that services are being delivered by MTA, New York City and relevant partners in an efficient and effective manner.

This information comes within days of the violent killing of four homeless people in the Chinatown area. New York officials are not only stepping up protections for the homeless in the subway, but they are also working on protecting them outside of the transportation system.

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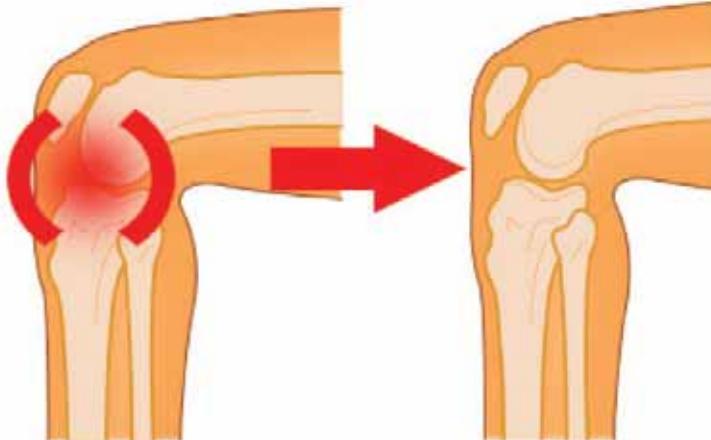
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Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

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House of Representatives Speaker Nancy Pelosi has led the charge against Trump.

Democrats subpoena Pentagon, White House budget office in impeachment probe

Documents to be submitted by Oct 15.

Congressional Democrats issued subpoenas to the Pentagon and the White House budget office on Monday as part of their impeachment inquiry, seeking documents related to U.S. President Donald Trump's decision to withhold military assistance from Ukraine.

The three House of Representatives committees leading the inquiry said the Department of Defense and the White Office of Management and Budget must turn over the documents by Oct. 15.

"The committees are investigating the extent to which President Trump jeopardized national security by pressuring Ukraine to interfere with our 2020 election and by withholding military assistance provided by Congress to help Ukraine counter Russian aggression, as well as any efforts to cover up these matters," the committee chairmen said in a statement.

Pelosi says a vote is not needed. Democrats say she would prevail if one were held, although very few Republicans would be expected to side with the Democratic majority. Congress returns to Washington on Oct. 15 after a two-week recess.

The new subpoenas follow those issued to the State Department and White House in recent weeks by the House Intelligence, Oversight and Foreign Affairs Committees.

Democrats have called a number of U.S. diplomats to Capitol Hill for closed-door testimony this week as they build their impeachment case against Trump, while the White House considers ways to slow down the process.

The interviews follow a whistleblower's allegations that Trump leveraged \$400 million in aid to secure a promise from Ukrainian President Volodymyr Zelenskiy to investigate political rival Joe Biden, and his son Hunter, who sat on the board of a Ukrainian energy company.

The taxpayer funds had been approved by Congress to help Ukraine protect against Russian aggression.

Trump has denied wrongdoing and assailed the probe.

Those scheduled to testify this week include Gor-

don Sondland, the U.S. ambassador to the European Union who was involved in efforts to get Ukraine to open the Biden investigation, and Masha Yovanovitch, who was abruptly recalled from her post as U.S. ambassador to Ukraine in May after Trump supporters questioned her loyalty to the president.

The White House could formally tell House of Representatives Speaker Nancy Pelosi as early as Monday that it will ignore lawmakers' demands for documents until the Democratic-controlled House holds a vote to formally approve the impeachment inquiry.

"Pelosi says a vote is not needed. Democrats say she would prevail if one were held, although very few Republicans would be expected to side with the Democratic majority. Congress returns to Washington on Oct. 15 after a two-week recess.

The impeachment investigation could lead to the approval by the House of formal charges against Trump.

A trial on whether to remove him from office would then be held in the Republican-controlled Senate, but few Republicans have broken ranks with Trump so far for asking Ukraine and China to launch investigations of Biden, a former vice president and a leading contender for the Democratic nomination to face Trump in the November 2020 presidential election.

On Sunday, lawyers said a second whistleblower had come forward to substantiate an August complaint from an unidentified U.S. intelligence official, which touched off the investigation.

A bipartisan group of about 90 former national security officials on Sunday called on federal officials and media outlets to protect the initial whistleblower's identity, citing protections under the law, even as Trump has publicly sought for it to be revealed. REUTERS

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Trump threatens to 'obliterate' Turkish economy over Syria incursion plan

President Donald Trump on Monday launched a harsh attack on NATO ally Turkey, threatening to destroy its economy if Ankara takes a planned military strike in Syria too far even though the U.S. leader himself has opened the door for a Turkish incursion.

Trump said he would "totally destroy and obliterate" Turkey's economy if it took action in Syria that he considered "off-limits" following his decision on Sunday to pull out U.S. forces from northeastern Syria.

The U.S. withdrawal will leave Kurdish-led forces in Syria that have long allied with Washington vulnerable to a planned incursion by the Turkish military which brands them terrorists.

"We made it clear (to the Turks) that we do not support this operation. We think this operation is a very bad idea."

The official told reporters

Trump's stern words seemed to be aimed at placating critics who accused him of abandoning the Syrian Kurds by pulling out U.S. forces. Leaders from both parties and both houses of Congress joined in the criticism, including Senate Majority Leader Mitch McConnell, Trump's fellow Republican.

"As I have stated strongly before, and just to reiterate, if Turkey does anything that I, in my great and unmatched wisdom, consider to be off limits, I will totally destroy and obliterate the Economy of Turkey (I've done before!)" Trump tweeted.

Turkey's lira slid more than 2% to its lowest level

in more than a month against the dollar on Monday over concerns about the planned incursion into northern Syria and Trump's warning.

Investors have been closely watching tense ties between Ankara and Washington in recent months, with the countries at odds over a range of issues, including Syria and Turkey's purchase of Russian missile defense systems.

Turkey has repeatedly threatened to carry out an incursion against U.S.-backed Kurdish fighters in northeastern Syria who have links to Kurdish guerrillas operating next door in Turkey.

The United States began pulling troops back from the northeast Syrian border on Monday, effectively giving Turkey a green light to move into the area.

It is a major policy shift that was denounced as a "stab in the back" by Kurdish-led forces who have been Washington's most capable partners in fighting Islamic State in Syria, also known by its acronym ISIS.

U.S. House of Representatives Speaker Nancy Pelosi, a Democrat, called on Trump to "reverse this dangerous decision" to withdraw, saying in a statement that it threatened regional security and sent a message to Iran and Russia, as well as U.S. allies, that the United States is no longer a trusted partner.

McConnell, the Republican Senate leader, said in a statement: "A precipitous withdrawal of U.S. forces from Syria would only benefit Russia, Iran, and the Assad regime. And it would increase the risk that ISIS and other terrorist groups regroup."

Lindsey Graham, a Republican senator who is generally a vocal Trump supporter, on Fox News Channel criticized the Syria pullout decision as "impulsive."

France warned that the U.S. decision to withdraw from northeastern Syria could open the

door to a revival of Islamic State, which has suffered significant battlefield losses to a U.S.-led coalition in the area.

Aside from Trump's

threat, the State Department official and the Pentagon both said the United States did not endorse Turkey's planned offensive. REUTERS



U.S. and Turkish soldiers share a peaceful moment.

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Climate change research center proposed for Governors Island

"Being an island in the middle of the harbor—there's no better place to put the heart of climate adaption and education."

DEVIN GANNON
6sqft
letters@metro.us

A research center dedicated to climate change could open on Governors Island, the New York Times reported.

The city is seeking proposals for a "major center for climate adaptation research, commercialization, conversation, and policymaking," to be built on the southern portion of the island, according to documents obtained by the Times. The city has looked to



Governors Island

GETTY IMAGES

transform Governors Island into a 24/7 community since taking over control of the 172-acre site from the federal government in 2003.

"Being an island in the middle of the harbor—there's no better place to

put the heart of climate adaption and education," Michael Samuelian, who served as the head of the Trust for Governors Island until June, told the Times.

The center, which could take up as much

as 4.2 million square feet on the island, would become the "anchor" of the island's development. It could also bring in revenue to maintain the upkeep of Governors Island.

Alicia Glen, a for-

mer deputy mayor who now leads the Trust, told the Times the goal of the center is to make the island "a living laboratory in how you deal with these issues in an urban context."

The city has asked consultants to create a plan and "pitch deck" to show universities and foundations within the next two months. By the end of the year, the city will solicit bids from developers.

The public review process for rezoning 33 acres of the land's southern side began last summer, with new development including offices and cultural institutions. Last month, the Lower Manhattan Cultural Council opened the first year-round tenant dedicated to arts and culture on the Island in a 19th-century warehouse. Although a

federal deed restricts residential development on Governors Island, student dorms and hotels would be permitted.

"Governors Island is a model for resilient design at the center of NY Harbor, and is poised for growth as a laboratory for research, education and public engagement surrounding the critical issue of climate adaptation," Clare Newman, the president and CEO of the Trust, said in a statement.

"We're excited to explore the potential for Governors Island to serve as a platform for solutions as surrounding communities across NYC grapple with the effects of a changing climate."

This story was provided to Metro through an agreement with 6sqft. Visit www.6sqft.com for more NYC neighborhood news.

Paralyzed man hails 'feat' of walking again with robot exoskeleton

The French tetraplegic man who has been able to walk again using a pioneering four-limb robotic system, or exoskeleton, said walking was a major feat for him after being immobile for years.

The French scientists behind the system, which was publicly unveiled last week, use a system of sensors implanted near the brain which send signals to the robotic system, moving the patient's legs and arms.

Speaking to media on Monday in the French city of Grenoble, the 30-year-old patient, who was identified only by his first name, Thibault, said he had to re-educate to use his brain when he started to try the whole-body exoskeleton.

"As I hadn't moved for two years I had to re-learn to use my brain," he said.

"At the beginning, walking was very difficult. Now I can stand up for two hours in the exoskeleton and I can do walk-



Robot's algorithm syncs to patient's thoughts.

REUTERS

ing cycles for a very long time," he also said. "This is a feat for me."

In a two-year-long trial, two recording devices were implanted, one either side of Thibault's head between the brain and the skin, spanning the region of the brain that controls sensation and motor function.

Each recorder contained 64 electrodes which collected brain signals and transmitted them to a decoding algo-

rithm. The system translated the brain signals into the movements the patient thought about, and sent his commands to the exoskeleton.

Over 24 months, the patient carried out various mental tasks to train the algorithm to understand his thoughts and to progressively increase the number of movements he could make. For now the exoskeleton is purely an experimental prototype.

REUTERS

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— Anonymous, Metro New York reader



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Gemini You'll stand out if you step up and do what needs to be done. Be assertive and open about what you want to see happen. Be a leader and set a good example.



Cancer Do something that will boost your confidence. Discuss what you want with a partner or co-worker. Keep the peace at home and work.



Leo Traveling, attending business meetings and exploring new possibilities will help you move forward. Digest the information you receive, make a choice and act with confidence. A chance to start anew is within reach.



Virgo Live within your means and stick to practical activities. If you overstep your limits, you will have to backtrack. Don't underestimate a challenger.



Libra Say yes to fun, love, exploring new avenues and finding what you want out of life. Don't put up with negativity or people who are holding you back.



Scorpio Don't share your feelings or plans. Avoid interference by carefully getting everything in place. Personal change is apparent.



Sagittarius Compassion, understanding and being part of the solution rather than the problem will help you ward off negativity and people who are trying to lead you astray.



Capricorn Finesse and charm will help you get things done your way. Changing the way you treat someone will have exceptional results.



Aquarius Be observant. Simplify your life and focus on following a tight budget. Set your goals and do what it takes to meet them.



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EUGENIA LAST



The band is currently on the road for the first time since 2017

 PAT KING
patrick.king@metro.us

Being absorbed by a new Wilco album is something that requires time. Over the past 24 years, the band, led by the cinematic vision of singer-songwriter Jeff Tweedy, has repeatedly built up the notion of what a modern rock band can be, only to burn that idea to the ground on their next release. While things have been a little stable sonically with the band's solidified lineup of the past 14 years, their newest album, "Ode To Joy," finds the band reaching for new heights in a new and exciting way that recalls their adventurous past.

According to Wilco bassist and Tweedy's longest lasting creative partner, John Stirratt, the recording process for "Ode to Joy" harkened back to the studio experimentation on records like "Yankee Hotel Foxtrot" and "Summerteeth." Bare skeletons of Tweedy's songs were laid down first in the studio with the assistance of drummer Glenn Kotche, then the rest of the band helped to flesh out the tracks. Their contributions result in some of the most exciting and surprising sonic explorations the band has committed to tape in quite some time, with an album that ranks amongst one of the best in the band's nearly unimpeachable discography.

"I think that Jeff had

Wilco's John Stirratt on the band's powerful 'Ode To Joy'



ANNABEL MEHRAN

a real vision for what he wanted the accompaniment to sound like, and it was very light," laughs Stirratt of the stark and sparse arrangements on the album. "The arrangements were cool. The drum sounds were really cool and I think that they didn't want a lot of dilution of that going on. But we found some really interesting ways to add to the existing tracks and really get a real continuity together for the record and at least it sort of represented, being a Wilco record, having everyone express themselves. It was a different process from almost every record and that's generally what gets different results a lot at the time. So it was an interesting process."

To give the album some context, it's closest sonic counterpart would

be the previous Wilco album, 2016's "Schmilco". But while the minimalist arrangements and interesting left turns on that album seemed to take on a more organic "band playing in the studio" sound, "Ode To Joy" seems like the work of a creative unit dead set on surprising themselves and taking their time to sculpt something both innovative and revitalizing.

"It has, it has definitely a tonal sort of similarities, but it's definitely fleshed out," says Stirratt on picking up where "Schmilco" left off. "It definitely feels a little more... It just has more dynamic sounds to me."

Stirratt has been Tweedy's constant musical companion ever since coming aboard in the final days of his revered band, the Alt-country

pioneers, Uncle Tupelo. In his long tenure, including 24 years of being in Wilco, Stirratt has had a unique perspective on the inner workings of one of America's most cherished and prolific songwriters. While the band has been taking a break from recording since 2016, Tweedy has released two highly personal and acclaimed solo albums, last year's "WARM" and this year's "WARMER." While some of those songs have been considered some of Tweedy's best in some time, Stirratt understands that those records needed to be left out of the Wilco orbit.

"It felt like a separate thing to me," says Stirratt. "Just knowing how prolific Jeff is, I didn't have this feeling of like, 'Wow, this should have been a Wilco song.' Whereas I have had

that in the past, at certain times in the history of the band, that feeling. But I didn't... The solo stuff has a different tone to it. It has an identity that I don't really feel like I need to take that or I need to bring that into Wilco."

With the release of "Ode To Joy," the band is out on the road for their first world tour since 2017. With such a large discography that is picked apart and argued over by their fans, I ask Stirratt if having that pressure to mix things up between deep cuts and "hits" is ever daunting while building their setlists.

"That's an interesting dilemma because we are in this position in the States, for example, we've played so many of these towns so many times that there isn't this feeling

that we have to do 'Hummingbird' every night. We're just riding this fine line between what if we mix it up completely every night a la Phish, you know?" he explains.

"The other voice is, 'What about the first poor sucker coming to his or her first Wilco show?' of which there are many. I remember we did a run in Chicago, one of this Winterlude where we played everything from the catalog. So it was five or six nights of completely different set lists. Didn't repeat a song, and it made for a weird show (laughs). Some "AM" [Wilco's first album] songs shouldn't be played. So, it's just not the best Wilco show. So we've always felt like riding the line between the sort of stalwart Wilco numbers and then there's this 60% of Wilco tracks that we

can all play, that are still kind of considered deep cuts. [Then there is] Europe, where we don't get often and where we were playing bigger venues than we did in the last 10 years, that we can't really go super deep there.

People just don't go to different countries, different territories, know different records. And so we try to keep a pretty broad overview in Europe but it really is, it's a great question. It's really at the core of what we want to be and especially in terms of the U.S. We're still trying to figure it out. And I think just keeping it fresh to some extent and leaning on a few of the bigger songs almost on a nightly basis is the best we can do." *Wilco will play Radio City Music Hall Saturday, October 12, and Brooklyn Steel Sunday, October 13*

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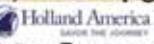


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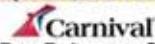


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Becca Glasser-Baker considers herself an adopted New Yorker. Although she studied culinary arts in New Jersey, she credits her passion for cocktails to exploring New York City. When she's not writing, she's probably baking, hanging out with friends, blasting Taylor Swift or petting dogs. When she's not sipping on a cocktail, she's busy indulging in exotic teas. Email her at Rebecca.glasser@metro.us with tips, trends, favorite spots and cocktail ideas.

BOOZY BUBBLE TEA DEBUTS IN NEW YORK CITY



A few of the cocktails from Bubbleology

Obviously, I'm incredibly passionate about all things booze, but another huge passion of mine is tea. So, when I discovered Bubbleology was combining both, my mind was blown. Bubbleology is bringing boozy bubble tea to New Yorkers for the first time, and I couldn't be more excited to share my first boozy bubble tea experience with you.

As soon as I stepped foot inside the shop, it reminded me of London. The hip stop has black brick with some woodwork, giving it a modern industrial vibe. The shop has a neon sign on the wall that reads "Boba, yes, Waffles, yes, You, maybe..." which makes it the perfect spot to snap some Instagram-worthy drink photos. After I

snapped a few photos, I found myself chatting away with Assad Khan, the founder and CEO of Bubbleology.

Khan and I talked about all thing bubble tea and beyond. Khan told me that the name Bubbleology was inspired by the science behind bubble tea. Khan wanted to know the inside, and out, of bubble tea, so he traveled to Taiwan and learned how to create the popular drink by working in shops across the country. He told me that locals thought he was crazy, but he really wanted to master the science behind it all and knew the best way to learn was to get in the kitchen.

Although Bubbleology is a popular UK-based company, Khan wanted to return to the big apple. Once upon a time,

Khan lived and worked in New York City and had his first-ever experience with bubble tea here. Since New York was so significant in his bubble tea journey, when it came to setting up shop here, Khan told me that, "For us, New York had to be a really different store, it had to be a special store. For me, I was determined that it had to be the first alcoholic bubble tea bar."

The menu has a vast selection of boozy bubble tea, non-alcoholic drinks, and of course, quite a few varieties of bubble tea. During my visit, I tried quite a few drinks, but I found myself enjoying the Black Raspberry Royale drink the most. This drink also happens to be the favorite of Khan's. The Black Raspberry Royale cocktail has bourbon,

whiskey and black raspberry liqueur in it. It is sevvered with lychee popping boba and dusted with edible shimmer.

As someone whose palette leans a bit sweeter, I was happy that some of the cocktails suited my palette. Although I tend to go for sweeter drinks, there is such a vast range of cocktails, and I found that there's something for everyone for here.

When I spoke with Khan, he told me that one of the best things about Bubbleology is that "you are your own mixologist, and you can make your drink how you want it." This goes for the boozy bubble tea and other menu items as well.

To try out your own boozy bubble tea, check out Bubbleology at 120 1/2 1st Avenue.



Head to Maker's Mark(et): A Taste of Old New York this week. ALL PHOTOS PROVIDED

Tasting, for a great cause

Maker's Mark(et): A Taste of Old New York is this Thursday.



MOLLY GIVEN
Molly.Given@metro.us

Hope you're hungry, NYC. This week holds one of the most spirited and delicious events in the Big Apple, and everyone is invited out to sample in on the fun.

New Yorkers can head to Essex Market this Thursday to partake in Maker's Mark(et): A Taste of Old New York, a one-night-only event giving guests the opportunity to taste some of the newly reopened market's 12 food stands and also indulge in hand-crafted Maker's Mark cocktails all while benefitting a great cause.

Essex Market is known for its intensely delicious culinary options keeping the Lower East Side full and happy,

and now everyone can taste what this landmark has to offer. For \$25 guests can eat their way through the Market (think deli favorites, multi-cultural options, dessert treats, gourmet bites, New York City classics and more) while enjoying up to three Maker's Mark cocktails. As an extra special treat, former Maker's Mark CEO Bill Samuels Jr. will also be in attendance — so you know those cocktails will be on point.

According to the release, all proceeds from Maker's Mark(et): A Taste of Old New York will benefit United by Blue (an outdoor clothing brand focused on ocean conservation), and for every ticket purchased, three pounds of trash will be removed from the world's oceans and waterways this year with United By Blue.

So if you're looking for a way to eat iconic Big Apple dishes, sip on incredibly enticing Maker's Mark cocktails and help save the ocean all in one night, you're in luck. Head to Maker's Mark(et): A Taste of Old New York for an evening you certainly won't forget.



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FOO FIGHTERS

We chatted with bassist Nate Mendel on how to survive a life of rock n' roll, their next album and the band's relationship with their audience

LAURA LÓPEZ MWN
letters@metro.us

How do you choose the concert setlists? Do you prefer to please the audience or is it more a matter of combining the new and the old?

the New and the Old: You know, there are different ways to do it. You can make several compilations, things that will put the band head on, which means that the audience will also be head on. We do that in smaller shows, where many things happen that you would not see in a larger presentation. I don't want to say that everything is absolutely spontaneous, although everything can happen. And that is true to a point, but you also have to think about those who are seeing the band for the first time, we want to give them a complete Foo Fighters experience, so there are songs that we know cannot go missing in those cases. So, well, we always have some songs that we already know people like, and we look for those moments to include those that can make the experience deeper.

Foo Fighters is a band with fans of all ages, we even see that younger people often cover your songs. What do you guys feel when you watch those videos, being a band that has been playing since the 90s?

the '90s. It's very flattening because it reminds us when each of us was that kid pla-

ying, starting in music and trying to copy the things we liked, looking to learn from those bands. We all remember that. When you see kids doing the same with

else. We have some unedited songs that we don't know if they will be part of the album, but we are looking to create a story, waiting to see how it will turn out.

Although they don't have that definite narrative, all albums have a particular spirit. Are you already starting to feel it?

I feel it. That's one of the few things we already know about the album, although I still can't tell you much more.

The songs we already have definitely add some color to what will be the final result. I am sure that we will work with Greg Kurstin, which gives some clues about the characteristics of the album. We will put a lot of things in a blender and an album will come out!

And on the subject of films, Foo Fighters have always been characterized by its videos in which everyone acts, such as Everlong and Learn to Fly. It is as if you guys are musicians and actors at the same time, will we see more of this in the future?

Yes, in fact I dare to say that there will be more acting than what you are used to seeing with us. [*Laughs*] We will definitely shoot more.

It's part of the fun of being in this band...

Absolutely, that's right. I have been hanging upside down, I have been hit with a stick by a dwarf, I have been in disguise, I have been in giant cylinders, I have been washed down with fire hoses, and the list goes on and on. I've been to Saturday

Night Live,
anyway, you
never know
in which

in which
strange
scenario
you will
find us.
It's part
of what
has made
being in
this band
a great
thing.

SPORTS

As it stands, 13 names have been connected with the Mets' job.



JOE PANTORNO
joseph.pantorno@metro.us

The New York Mets are in the market for their third-different manager since 2017 after firing Mickey Callaway last week following two play-offless seasons.

Added pressure will likely be on the shoulders of the Wilpon family and general manager Brodie Van Wagenen as the importance of this offseason's search is magnified given the current state of the organization.

While a majority of teams looking for managerial candidates are in the midst of a rebuild, the Mets already have the pieces needed to contend for the postseason in 2020.

Now they need the right leader.

Upon Callaway's dismissal, a litany of names has emerged as possible candidates for the job.

Metro breaks down the field based on each candidate's chances of taking over.

FAVORITES

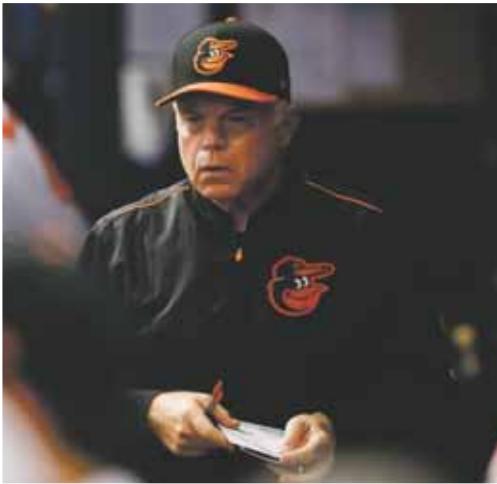
JOE GIRARDI- The former catcher knows what it takes to manage and win in New York. He spent 10 seasons with the Yankees and won a World Series title in 2009.

Per multiple reports, Girardi has done his research on the Mets and is expected to get an interview with the club.

Currently working the TV booth for the ALDS, Girardi said that "I'm taking the fifth," when asked if he will bat Pete Alonso second in the Mets lineup next year.

BUCK SHOWALTER- Showalter has also been doing his research on the Mets and wants to be in the running, per reports. "Yeah, I'd like to be talked (to) about

Ranking Mets' managerial candidates from 'favorites' to 'no chance'



Joe Girardi (top left), Buck Showalter (top right), Carlos Beltran (bottom left), and Joe McEwing (bottom right) are early Mets managerial candidates. GETTY IMAGES

it." Showalter told WFAN's Steve Somers last week.

The 63-year-old has been an MLB manager for 20 seasons with the Yankees, Diamondbacks, Rangers, and Orioles. He's made the postseason just five times.

LURKING

LUIS ROJAS- The Mets' current quality control coach is held in high regard within the organization. While he was a surprising early favorite in the hours following Callaway's dismissal, he's lost steam in that aspect.

SNY's Andy Martino reported that those inside the Mets organization believe he should be a bench coach first.

CARLOS BELTRAN- There have been conflicting reports on Beltran's interest in managing, particularly with the Mets.

But the former out-

fielder who spent a bulk of his career in Queens revealed that there would be a consideration if the Mets approached him as he remains a promising managerial candidate.

"You'd have to listen," Beltran said (h/t MLB.com). "I can't say my time with the Mets was bad. I played seven years with the New York Mets. If I were to get into the Hall of Fame, I have to consider the Mets as the team [for the plaque]. ... I had my best years with the New York Mets."

JOE MCEWING- The former Met utility man who played a supporting role in the early 2000s squads was a finalist for the team's managerial job before the 2017 season when New York opted to go with Callaway.

McEwing is currently the White Sox's bench coach but remains close with David Wright, now a front-office advisor, and is popular amongst fans.

TONY DEFRENESCO- If the Mets want to keep their hire in-house, DeFrancesco would become an immediate favorite.

He's coached the organization's triple-A affiliate for the past two seasons while getting the call to join the Mets' September coaching staff in each of those years, as well.

DeFrancesco also was the interim manager of the Astros in 2012.

LONGSHOTS

DAVID CONE- The former Mets pitcher now working as an analyst for YES Network has made it known in year's past that he wants to manage. Last week on YES, he said that if the Mets came calling "it's not an interview I would turn down."

Cone's lack of experience is likely going to keep his chances slim even though he's an analytics-first type of man-

ager.

ROBIN VENTURA- The Mets wanted to talk to their former third baseman two years ago, but he declined.

The former White Sox manager has not made it known whether or not he wants to return to managing. But if he does, expect the Mets to at least give him a call.

EDGARDO ALFONZO- In terms of sheer popularity, Alfonzo would be a favorite for the Mets job amongst fans. He is one of the franchise's greatest infielders and has shown plenty of promise in coaching.

The 45-year-old led the Mets' single-A affiliate, the Brooklyn Cyclones, to their first-ever New York-Penn League title in September.

While promotions are certain, it's unlikely that he would be able to leap over DeFrancesco and Rojas.

DUSTY BAKER- The 70-year-old Baker has the experience the Mets are looking for, which is why the organization is reportedly discussing the idea of bringing him on.

Despite 22 years of managing with the Giants, Cubs, Reds, and Nationals, Baker has only won one NL pennant and has no World Series titles to his name.

NO CHANCE

JOE MADDON- Maddon has won everywhere he's gone — delivering an AL pennant to the Rays in 2008 before breaking a 108-year World Series drought with the Cubs in 2016.

The Mets won't have a chance at the veteran manager, though, as the Angels are expected to be his No. 1 choice. He will interview with them this week.

AJ HINCH- The Astros' current manager boasts one of the strongest teams in Major League Baseball and has three years left on his deal. However, Hinch is close with Van Wagenen and could be looking for a change in scenery.

That being said, trades for managers are difficult to pull off and rare to see. Don't expect this one to happen.

MIKE MATHENY- After seven years and a 2013 NL pennant with the Cardinals, Mathey is expected to get back into the game in 2020.

But it won't be with the Mets, though, as the Royals are considered the favorites to snag the former catcher.



FOR YANKEES
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ADAM GASE IS IN OVER HIS HEAD

PANTORNO'S PERCH



JOE PANTORNO
@JoePantorno

Somewhat, somehow, the New York Jets find a way to take optimistic expectations, light them on fire, and stomp them out on your front porch almost every single season.

And this season might just be the worst we've seen.

With the high hopes that came with the acquisition of Le'Veon Bell, CJ Mosley, along with the continued development of Sam Darnold, this was supposed to be a stepping-stone season toward contention in the AFC East.

Instead, the Jets are 0-4 and an absolute dumpster fire.

And you have to look no further than the coaching staff, particularly Adam Gase.

The Jets head coach has done absolutely nothing with the Darnold-less unit as the young passer continues to recover from mononucleosis.

A season-ending ankle injury suffered by second-string quarterback Trevor Siemian in Week 2 against the Cleveland Browns has forced Gase to trot out



Adam Gase has yet to win a game as Jets head coach while his offense has struggled mightily. GETTY IMAGES

2018 sixth-round pick Luke Falk for the past two-plus games.

The results have been disastrous.

Over their last three games, the Jets have recorded just nine offensive points while averaging 165 yards of total offense.

Week 5 against the Philadelphia Eagles appears to be rock-bottom for the Jets. Falk was sacked nine times before

David Fales was subjected to one of his own.

Le'Veon Bell accounted for almost 70 percent of the Jets' offensive production on the day as Gase's offense looked as unimaginative as ever.

So much for that offensive guru.

I get it, Gase is extremely shorthanded right now. Playing a third-string quarterback against a brutal schedule (Patriots, Eagles, Cow-

boys in three-straight games) is going to hamper your chances to win.

An offensive line that saw an injured Kelechi Osemele replaced by Alex Lewis and Brandon Shell benched for Chuema Edoga — who made his first career start — is going to hamper your chances to win.

But the head coach did not help his chances at all when it came to pregame preparations.

Falk did not receive a single practice rep with the first-team offense — Gase opting to give the recovering Darnold all the snaps last week until Friday despite not being ready to play on Sunday.

That's just setting your team up to fail and as irresponsible as you can be as a football coach.

The thing is, Jets sympathists can't simply point to a third-string

quarterback starting as the main reason why the Jets are this bad.

Just look around the league and you'll see reserve quarterbacks stepping up everywhere.

Gardner Minshew, who was also a sixth-round pick a year after Falk, has won two of his last three games with the Jacksonville Jaguars after Nick Foles went down with a season-ending broken clavicle.

Devlin Hodges, an undrafted rookie out of Samford, led the Pittsburgh Steelers on two scoring drives against the Baltimore Ravens on Sunday after Mason Rudolph's exit following a terrifying hit to the head.

Kyle Allen, an undrafted second-year QB out of Texas A&M, has led the Carolina Panthers to three-straight wins with Cam Newton sidelined.

Legitimate NFL coaches can adjust their game-plan even when backup quarterbacks are called into action.

Gase and the Jets have continued to look completely unprepared throughout Darnold's absence to the point where you have to start doubting what can be done when the first-string quarterback returns.

That's not the kind of offensive mind that should be running an NFL team.

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Said premises known as 51-09 Van Loon Street, Elmhurst, N.Y. 11373. Approximate amount of lien \$756,869.98 plus interest and costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index No. 26726-09.

Mark Welky, Esq., Referee.
Eckert Seamans Cherin & Mellott, LLC
Attorney(s) for Plaintiff
10 Bank Street, Suite – 700
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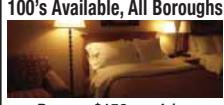
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 16 Genesis boatbuilder
 17 Meditative exercise
 18 Fortune-teller's deck
 19 African nation
 20 Pizza topping
 22 Leave out
 23 Dessert wine
 24 Record speed letters
 26 Come __; find
 29 Tiny sore on Fido, perhaps
 34 __ out; say impulsively
 35 Fast food side order
 36 Smallest 2-digit number
 37 Flash of lightning
 38 Implements
 39 Playwright Moss
 40 Two over two
- DOWN
- 1 Bashful
 2 Basketball player's focus
 3 Gargantuan
 4 Fall flowers
 5 Begin
 6 Spanish bull
 7 Steel component
 8 Pensioners
 9 Bury
 10 Kitchen or den
 11 3 biblical kings
 12 ...There'll be __ time in the old town..."
 14 Friendly relationship
 21 Emily or Markie
 25 Faux __; social blunder
 26 Monastery head
 27 Duplicate
 28 Measuring stick
 29 Became perfectly still
 30 Mrs. Herman Munster
 31 "Didn't We Almost Have __?"; Whitney Houston hit
 32 Rudely brief
 33 Go into
 35 Simpleton
 38 Long sled
 39 Bringing to a stop
 41 Hairpiece
 42 Phobia
 44 Foyt & Unser
 45 Lusters
 47 Small card
 48 Noisy bird
 49 Bee colony
 50 __ tea
 52 "The Sun __ Rises"; Hemingway novel
 53 Military funeral sound
 54 Negatives
 55 VP after Dan Quayle
 59 __ Jersey

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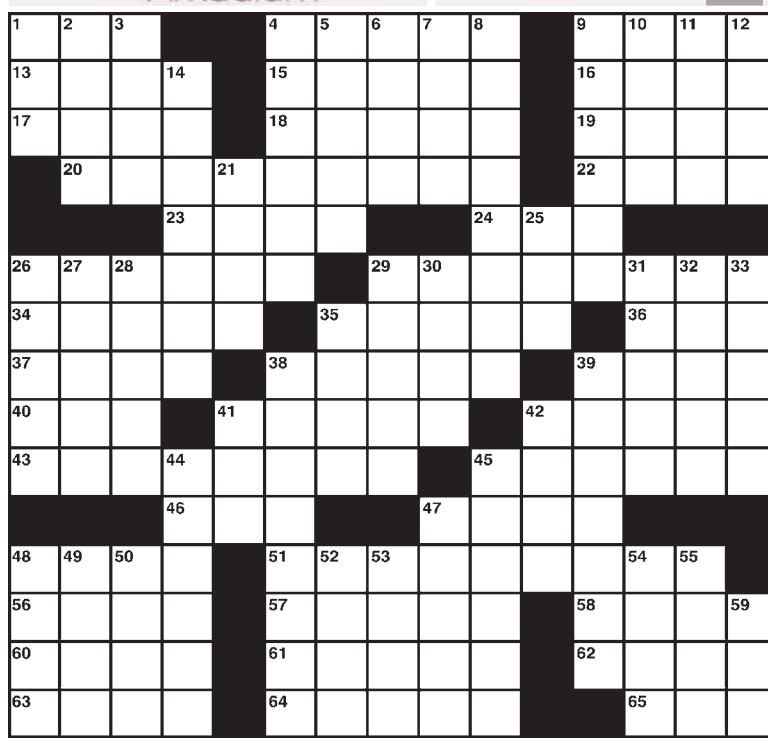
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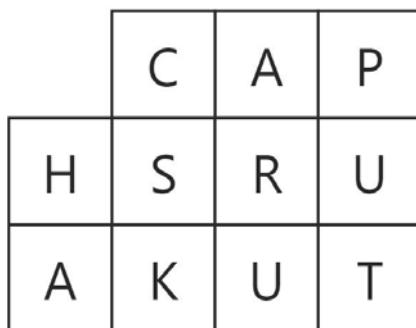
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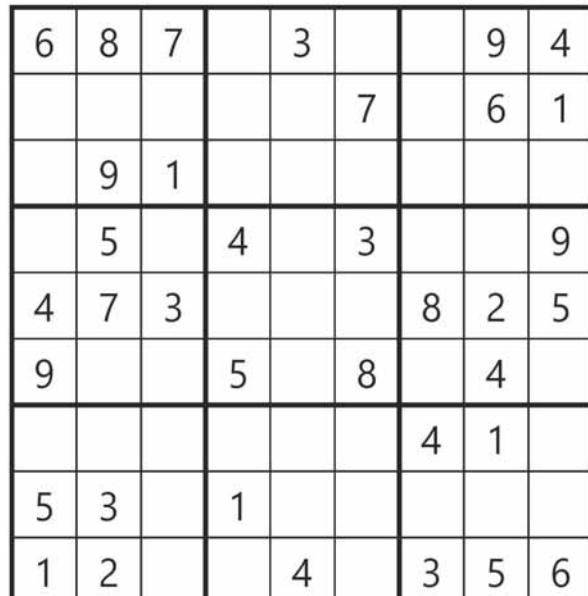
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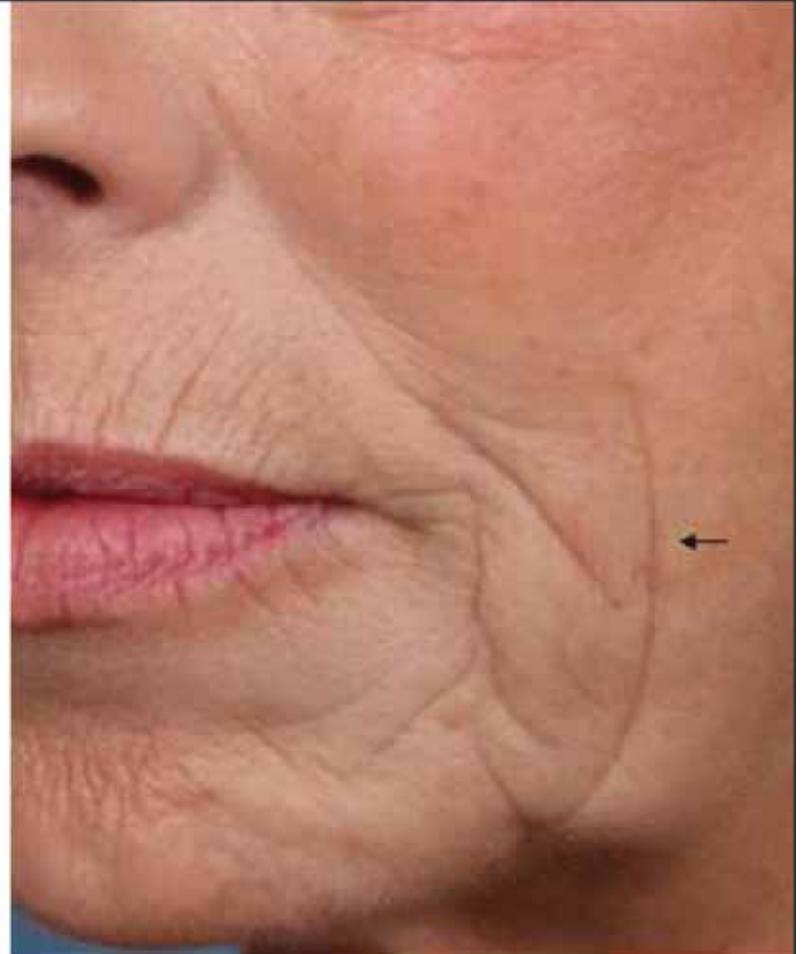
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